



SIZANANI AFRICA

L'Union Fait la Force

Project: Family rebuilding sports and social enterprise
Total Amount needed: £9,460
Amount requested from Essex Youth Trust: £4,000

Project need

SIZANANI AFRICA was established to empower young people from marginalized communities towards economic achievement and social well being. SIZANANI AFRICA is now planning a project on rebuilding of families of minority ethnic communities in the UK. A majority of members of the Black and other ethnic minority community are separated from their partners and families upon arrival in the UK. This includes many unaccompanied young people who end up in sheltered homes where they are totally cut off from the balancing effect of a loving family environment.

Evidence

1. We noticed, through information from religious leaders and other members of the community, that there is a high incidence of Domestic Violence, family break ups or mental illness among members within the community, with particular reference to the African community.
2. Some Young people have told us that they feel isolated, uprooted from their culture and find it difficult to fit into any social category. This has pushed them to join gangs or antisocial groups where they feel accepted.
3. Young girls attending sexual health surgeries with Brooks clinic outreach workers confess that they are forced to provide sexual favours to older men who in turn assure a “father figure” and supply any needs they may have.

Project plan

We intend to provide Saturday and Sunday events for 6 months as follows

- Non-contact boxing for youngsters between 11-25 years: Saturday 3:00 - 6:00
- Learning and playing a musical instrument as a form of family therapy for groups: Saturday 6:00 – 8:00
- Open one-to-one computer literacy assistance on appointment, everyday.
- Mediation and linking with families, social services and religious leaders to develop a closer family tie with the community, everyday.
- Networking, music, sharing experiences and socializing for the entire family: Sunday 2:00 - 6:00.

Budget request to Essex Youth Trust

Amount requested: 4,000

Weekly venue hire	£50 x 26 (half cost)	£1300.00
Refreshments per week	£20 x 26	£520.00
Boxing equipment		
4 pairs of sparring gloves	£26 x 4	£104.00
4 pairs of junior boxing gloves	£10 x 4	£40.00
6 Headguards	£25 x 8	£200.00
4 skipping ropes	£9.00 x 4	£36.00
Coach's fees (honorary)	£20 per session x 26	£520
Publicity (photos, filming fliers)		£120.00
2 volunteers' expenses	£10 x 2 x 26	£520.00
Contribution to communication costs	£20 per month x 26	£120.00
Postage, stationery, copying, reports and publications		£260.00
Contingencies	£10 per week	£260.00
Total		£4,000.00

Actual funds already raised: £5600

Purpose of funds

Wages outreach coordinator	300 pm x 6 months	£1800
Rent		£1200
Tel/fax/internet	70 x 6	£420
Venue hire	50 x 26 (half cost)	£1300
Equipment Electric keyboard		£400
1 admin. volunteer	13 x 1 day x 26	£338
Total		£5458